

## Ash Cum Ridley Activities and Services Form for older people

Activity/ Service	Venue	Day	Time	Cost	Link to your website (please give us the exact link)
Community Lunch	New Ash Green Youth and Community Centre	Thursday 12.30 -1.30pm			<a href="http://www.asg-cum-ridleypc.kentparishes.gov.uk">www.asg-cum-ridleypc.kentparishes.gov.uk</a>
Over 55's Sports Centre Membership	Ash Green Sports Centre	Mon- Friday	9.00am - 10.00pm	£12 per year	<a href="http://www.asg-cum-ridleypc.kentparishes.gov.uk">www.asg-cum-ridleypc.kentparishes.gov.uk</a>
Nagara Active Retirement Association					<a href="http://www.asg-cum-ridleypc.kentparishes.gov.uk">www.asg-cum-ridleypc.kentparishes.gov.uk</a>
Home Library Service	Based at New Ash Green Library	Fridays		FREE	<a href="http://www.kent.gov.uk/leisure-and-culture/libraries/services-for-everyone/homebound-users.htm">http://www.kent.gov.uk/leisure-and-culture/libraries/services-for-everyone/homebound-users.htm</a> Email <a href="mailto:newashgreenlibrary@kent.gov.uk">newashgreenlibrary@kent.gov.uk</a> or call 01474 872506